

Individueel

				Lopen-1-1	Lopen-1-2	Lopen-1-3	Lopen-1-4	wissel1	Fietsen-1	Fietsen-2	Fietsen-3	Fietsen-4	wissel2	Lopen-2-1	Lopen-2-2	Totaal	
1.	582	Arie de Jong	OOSTERWOLDE	M	05:50 (3)	05:57 (3)	06:04 (2)	06:06 (2)	00:25 (2)	13:04 (1)	13:15 (1)	13:18 (1)	13:21 (1)	00:20 (3)	06:03 (1)	06:14 (3)	1:30:02
2.	557	Joost Christiaans	RENKUM	M	05:43 (2)	05:51 (2)	05:53 (2)	06:07 (3)	00:22 (1)	13:30 (2)	13:38 (2)	13:42 (2)	14:05 (4)	00:16 (1)	06:11 (3)	06:36 (7)	1:32:00
3.	513	Arjan Kuper	PATERSWOLDE	M	06:09 (8)	06:08 (4)	06:03 (3)	06:09 (4)	00:50 (16)	13:47 (3)	13:46 (3)	14:00 (3)	14:03 (2)	00:32 (10)	06:25 (7)	06:27 (5)	1:34:25
4.	535	Ben van Oeveren	EDE	M	05:32 (1)	05:44 (1)	05:51 (1)	05:51 (1)	00:37 (7)	14:15 (5)	15:05 (12)	14:34 (6)	14:41 (6)	00:31 (8)	06:06 (2)	06:02 (1)	1:34:56
5.	617	Marcel ten Wolde	GRONINGEN	M	06:09 (7)	06:15 (7)	06:17 (6)	06:27 (7)	00:36 (6)	14:17 (6)	14:35 (5)	14:03 (4)	14:04 (3)	00:25 (5)	06:24 (6)	06:22 (4)	1:35:58
6.	553	Kor Broers	LEMMER	M	05:55 (4)	06:10 (5)	06:13 (5)	06:15 (5)	00:34 (5)	14:34 (9)	14:42 (10)	14:46 (8)	14:55 (7)	00:31 (9)	06:21 (5)	06:35 (6)	1:37:36
7.	605	Samme Steenstra	JOURE	M	06:09 (6)	06:16 (8)	06:41 (10)	06:40 (10)	00:57 (19)	14:13 (4)	14:24 (4)	14:23 (5)	14:18 (5)	00:47 (20)	06:37 (9)	06:49 (9)	1:38:18
8.	555	Ard Buikema	AMSTERDAM	M	05:57 (5)	06:14 (6)	06:21 (7)	06:21 (6)	00:49 (14)	14:24 (7)	15:09 (13)	15:57 (17)	15:42 (12)	00:53 (24)	06:13 (4)	06:03 (2)	1:40:08
9.	599	Henk van de Riet	WAALRE	M	06:13 (9)	06:25 (10)	06:35 (9)	06:47 (12)	01:34 (52)	14:35 (10)	14:38 (7)	14:46 (7)	15:27 (10)	01:11 (43)	06:36 (8)	06:57 (10)	1:41:49
10.	560	Marco Douma	JOURE	M	06:28 (18)	06:43 (20)	06:51 (16)	06:50 (15)	00:47 (12)	14:37 (11)	14:37 (6)	14:55 (10)	15:21 (9)	00:43 (17)	07:04 (13)	07:04 (11)	1:42:07
11.	604	Miente Steensma	DRACHTEN	M	06:33 (21)	06:45 (21)	06:58 (21)	07:10 (22)	01:10 (32)	14:28 (8)	14:39 (8)	14:47 (9)	15:00 (8)	00:50 (23)	07:25 (21)	07:10 (14)	1:43:00
12.	600	Bert de Ruitser	BOVENSMILDE	M	06:38 (22)	06:57 (24)	07:13 (28)	07:16 (29)	01:02 (25)	15:07 (14)	15:12 (14)	15:30 (11)	15:47 (13)	00:58 (29)	07:26 (22)	07:27 (22)	1:46:39
13.	584	Gerben Kroes	BLIJHAM	M	06:17 (11)	06:39 (17)	06:45 (12)	06:53 (17)	01:17 (36)	15:23 (16)	15:30 (18)	15:48 (15)	16:10 (16)	01:08 (41)	07:21 (17)	07:27 (21)	1:46:43
14.	556	Johan Christen	ARNHEM	M	06:27 (17)	06:38 (14)	06:59 (22)	06:50 (14)	00:38 (9)	14:38 (12)	14:41 (9)	16:03 (18)	18:08 (31)	00:39 (14)	08:05 (33)	07:52 (28)	1:47:42
15.	616	Jos Wilbrink	NIEKERK	M	07:23 (32)	07:08 (29)	07:10 (25)	07:10 (23)	01:27 (45)	15:44 (19)	15:50 (21)	15:48 (16)	16:05 (14)	00:34 (11)	07:21 (16)	07:14 (16)	1:48:58
16.	561	Martin van der Duim	DRACHTEN	M	06:30 (19)	06:38 (16)	06:49 (14)	06:48 (13)	01:02 (24)	16:25 (25)	16:48 (28)	16:43 (23)	16:45 (21)	00:54 (27)	06:50 (10)	07:11 (15)	1:49:28
17.	588	Jan van de Meij	BERLIKUM	M	07:26 (33)	07:03 (28)	06:53 (20)	06:46 (11)	01:20 (38)	16:28 (26)	15:56 (22)	16:36 (22)	16:37 (20)	01:18 (46)	06:51 (11)	06:45 (8)	1:50:04
18.	552	Maarten Broek	HILVERSUM	M	06:26 (16)	06:38 (13)	06:46 (13)	06:55 (18)	01:25 (43)	15:10 (15)	15:24 (16)	17:09 (31)	18:22 (36)	01:05 (39)	07:21 (18)	07:19 (18)	1:50:05
19.	570	Arnoud Hageman	HARKSTEDE	M	07:18 (30)	07:11 (31)	07:11 (27)	07:09 (21)	01:29 (46)	16:02 (22)	16:13 (24)	16:03 (19)	16:16 (18)	01:01 (34)	07:43 (26)	07:19 (19)	1:51:01
20.	536	Vincent Harder	GRONINGEN	M	06:17 (12)	06:20 (9)	06:34 (8)	06:39 (8)	00:46 (11)	16:31 (27)	16:13 (23)	17:21 (32)	19:22 (45)	00:38 (13)	07:48 (28)	07:05 (12)	1:51:38
21.	615	Jan Willem Welberg	GRONINGEN	M	06:16 (10)	06:38 (15)	06:52 (19)	07:24 (30)	01:11 (35)	14:46 (13)	14:59 (11)	16:56 (25)	17:33 (27)	01:24 (50)	09:10 (50)	08:46 (40)	1:52:01
22.	545	Eltjo Biemold	ASSEN	M	07:37 (38)	07:33 (38)	07:47 (41)	07:55 (42)	01:51 (58)	15:58 (21)	15:32 (19)	15:37 (12)	16:12 (17)	01:21 (47)	07:24 (19)	07:47 (26)	1:52:39
23.	566	Ritske Flootman	MENALDUM	M	06:39 (23)	06:59 (26)	07:10 (26)	07:12 (26)	00:58 (20)	16:23 (24)	16:34 (27)	16:57 (26)	17:28 (26)	01:02 (35)	07:29 (23)	07:53 (29)	1:52:49
24.	575	Niels Hommes	APPELSCHA	M	07:33 (35)	07:40 (41)	07:47 (40)	07:43 (38)	01:00 (22)	15:28 (17)	15:20 (15)	15:39 (13)	15:37 (11)	00:42 (16)	09:08 (48)	09:37 (52)	1:53:21
25.	548	Anton Theo Borger	SURHUISTERVEEN	M	06:31 (20)	06:40 (19)	06:52 (17)	07:04 (20)	00:48 (13)	17:01 (36)	17:04 (31)	17:50 (38)	18:27 (37)	00:34 (12)	07:19 (15)	07:09 (13)	1:53:23
26.	569	Wietze Gorter	OOSTERWOLDE	M	07:37 (39)	07:53 (46)	08:16 (51)	08:11 (49)	01:31 (47)	15:29 (18)	15:28 (17)	15:41 (14)	16:07 (15)	01:21 (48)	08:09 (35)	08:33 (36)	1:54:23
27.	514	Koen Peters	GRONINGEN	M	07:41 (41)	07:41 (42)	07:46 (39)	07:50 (39)	01:57 (61)	16:05 (23)	16:21 (25)	16:18 (21)	16:56 (22)	01:23 (49)	07:25 (20)	07:25 (20)	1:54:54
28.	592	Hielke Nienhuis	LEKKUM	M	06:25 (15)	06:39 (18)	06:52 (18)	06:58 (19)	01:31 (48)	17:12 (38)	17:01 (30)	17:09 (30)	18:11 (33)	01:05 (38)	07:55 (29)	08:22 (33)	1:55:26
29.	547	Dick de Boer	KOLHAM	M	06:49 (25)	06:53 (23)	07:07 (24)	07:10 (24)	01:05 (29)	16:56 (33)	17:23 (36)	17:44 (35)	18:10 (32)	00:50 (22)	07:36 (24)	08:04 (30)	1:55:54
30.	578	Gerjjan Hulzinga	ASSEN	M	07:18 (31)	07:11 (32)	07:15 (29)	07:24 (31)	00:57 (18)	16:42 (29)	17:24 (37)	17:05 (28)	17:23 (25)	00:44 (18)	08:07 (34)	08:26 (35)	1:56:04
31.	611	Trudy Veenstra	SURHUISTERVEEN	V	06:56 (26)	06:52 (22)	07:03 (23)	07:11 (25)	00:30 (3)	17:51 (45)	18:12 (43)	18:21 (41)	18:40 (39)	00:19 (2)	06:56 (12)	07:14 (17)	1:56:11
32.	531	Tineke van der Wal	OUDEHASKE	V	07:37 (37)	07:38 (40)	07:44 (38)	07:43 (37)	00:54 (17)	16:57 (35)	17:18 (32)	17:37 (34)	17:34 (28)	00:41 (15)	07:15 (14)	07:32 (23)	1:56:37
33.	568	Henk van Gijssel	WOUDBLOEM	M	06:57 (28)	07:02 (27)	07:22 (30)	07:13 (27)	00:39 (10)	17:05 (37)	17:36 (40)	17:44 (37)	18:19 (35)	00:28 (6)	08:22 (37)	08:18 (32)	1:57:12
34.	576	Jan de Hoop	DRACHTEN	M	07:46 (44)	08:35 (59)	08:25 (55)	08:55 (59)	01:09 (31)	15:52 (20)	15:49 (20)	16:10 (20)	16:34 (19)	00:59 (30)	09:03 (47)	09:33 (51)	1:58:56
35.	618	Theo Wolfs	WARSTIENS	M	07:44 (42)	07:33 (37)	07:37 (36)	07:14 (28)	01:34 (53)	17:58 (46)	17:22 (35)	17:35 (33)	17:38 (30)	01:51 (55)	07:57 (30)	07:36 (24)	1:59:45
36.	550	Kfir Breger-Speetjens	UTRECHT	M	07:52 (45)	08:11 (53)	08:27 (56)	08:36 (56)	00:59 (21)	16:49 (30)	16:59 (29)	16:58 (27)	17:03 (23)	00:53 (25)	08:17 (36)	08:52 (41)	2:00:02
37.	541	Piet Alkema	HOOGEZAND	M	08:19 (53)	08:23 (56)	08:21 (53)	08:26 (53)	01:22 (40)	16:39 (28)	16:26 (26)	16:45 (24)	17:15 (24)	01:49 (54)	08:42 (42)	08:42 (38)	2:01:14
38.	577	Harold Hulst	GRONINGEN	M	07:45 (43)	07:37 (39)	07:36 (35)	07:36 (33)	01:32 (50)	17:48 (43)	18:12 (44)	18:19 (40)	19:06 (42)	01:01 (33)	07:39 (25)	07:45 (25)	2:02:02
39.	593	Henk Onsmen	SNEEK	M	08:20 (55)	08:23 (57)	08:21 (54)	08:26 (52)	01:22 (41)	16:55 (32)	17:21 (34)	17:06 (29)	17:38 (29)	00:59 (31)	08:34 (39)	08:53 (43)	2:02:23
40.	614	Sietske Weide	GLIMMEN	V	07:58 (46)	07:53 (45)	07:58 (45)	08:00 (44)	01:04 (27)	18:48 (55)	18:48 (50)	18:26 (42)	19:17 (43)	00:54 (26)	07:58 (31)	08:16 (31)	2:05:25
41.	559	Age Dijkstra	TZUMMARUM	M	07:27 (34)	07:21 (34)	07:27 (32)	07:29 (32)	01:21 (39)	18:35 (54)	19:26 (53)	19:44 (52)	20:36 (53)	01:18 (45)	07:45 (27)	07:48 (27)	2:06:22
42.	587	Mark Luiting	VEENHUIZEN	M	06:42 (24)	06:58 (25)	07:24 (31)	07:42 (36)	01:43 (56)	17:27 (39)	17:51 (41)	19:42 (50)	20:33 (52)	01:02 (36)	09:24 (52)	10:29 (59)	2:07:03
43.	549	Eric Bosch	NIJ BEETS	M	07:36 (36)	07:43 (43)	07:55 (42)	08:10 (47)	01:36 (54)	18:03 (47)	18:29 (46)	18:54 (44)	18:34 (38)	01:55 (56)	09:09 (49)	09:08 (47)	2:07:17
44.	546	Alex Bloemsma	GRONINGEN	M	08:03 (47)	07:46 (44)	07:56 (43)	07:57 (43)	01:24 (42)	18:32 (53)	18:46 (49)	19:30 (49)	20:07 (49)	00:55 (28)	08:03 (32)	08:25 (34)	2:07:29
45.	574	Bart Hokke	YDE	M	07:16 (29)	08:09 (51)	08:38 (59)	08:50 (58)	02:32 (64)	16:57 (34)	17:19 (33)	18:00 (39)	18:54 (41)	01:13 (44)	09:47 (55)	10:08 (57)	2:07:49
46.	596	Grietinus Reinders	LEEK	M	06:57 (27)	07:20 (33)	07:33 (34)	07:39 (34)	00:37 (8)	18:06 (48)	19:42 (55)	20:43 (55)	21:23 (56)	00:28 (7)	08:42 (41)	08:36 (37)	2:07:51
47.	543	Bert Belga	ASSEN	M	08:11 (52)	08:17 (54)	08:12 (50)	08:15 (50)	01:51 (59)	16:51 (31)	17:54 (42)	18:40 (43)	19:42 (46)	01:28 (51)	10:12 (56)	10:11 (58)	2:09:49
48.	563	Leonard Faber	LEERSUM	M	08:27 (56)	08:09 (52)	08:11 (49)	08:19 (51)	02:03 (63)	18:26 (52)	18:33 (47)	19:07 (45)	18:46 (40)	01:57 (57)	08:57 (46)	08:53 (42)	2:09:53
49.	551	Gerrit ten Brinke	PEIZE	M	08:07 (50)	08:03 (50)	08:02 (48)	08:10 (48)	01:33 (51)	18:55 (56)	19:11 (51)	19:47 (53)	19:59 (47)	01:09 (42)	08:31 (38)	08:46 (39)	2:10:17
50.	598	Kor Remminga	BLIJHAM	M	08:19 (54)	08:23 (55)	08:20 (52)	08:26 (54)	01:31 (49)	17:50 (44)	18:39 (48)	19:21 (47)	20:07 (48)	01:39 (52)	08:50 (44)	09:13 (48)	2:10:45
51.	610	Wim Veenema	GRONINGEN	M	08:41 (59)	08:26 (58)	08:32 (57)	08:31 (55)	01:11 (34)	19:31 (59)	18:24 (45)	19:09 (46)	19:18 (44)	01:08 (40)	09:43 (54)	09:04 (46)	2:11:42
52.	602	Francis Schuurman	HOOGEZAND	V	08:10 (51)	07:58 (48)	08:01 (47)	08:09 (46)	01:26 (44)	19:19 (58)	19:35 (54)	19:49 (54)	20:58 (55)	01:01 (32)	08:45 (43)	08:56 (44)	2:12:12

53.	612	Cees Vollaard	ROLDE	M	08:05 (49)	07:30 (36)	07:39 (37)	07:53 (40)	01:50 (57)	18:19 (50)	20:22 (57)	20:46 (56)	20:51 (54)	02:03 (58)	08:40 (40)	09:47 (54)	2:13:52
54.	619	Duncan Wouterson	AMERSFOORT	M	08:54 (63)	08:41 (61)	08:45 (61)	09:00 (61)	01:38 (55)	18:24 (51)	19:19 (52)	19:26 (48)	20:23 (50)	02:14 (59)	08:55 (45)	09:30 (50)	2:15:13
55.	572	Hilde van Heuveln	DOODSTIL	V	09:26 (67)	09:08 (64)	09:18 (63)	09:20 (63)	00:32 (4)	19:01 (57)	19:47 (56)	19:43 (51)	20:26 (51)	00:25 (4)	09:33 (53)	09:39 (53)	2:16:22
56.	564	Frank Faber	EELDE	M	09:02 (66)	09:40 (65)	09:45 (64)	10:00 (64)	02:00 (62)	18:14 (49)	17:31 (38)	17:44 (36)	18:16 (34)	02:20 (60)	11:01 (60)	11:14 (60)	2:16:54
57.	567	Anje van Gijssel	WOUDBLOEM	V	08:41 (60)	08:36 (60)	08:35 (58)	08:37 (57)	01:10 (33)	21:45 (64)	21:19 (58)	22:48 (57)	24:06 (57)	01:04 (37)	09:19 (51)	09:00 (45)	2:25:06
58.	597	Joke Reinders	WAGENBORGEN	V	08:52 (62)	08:42 (62)	08:45 (62)	08:59 (60)	01:04 (28)	21:04 (63)	21:26 (60)	23:04 (58)	24:17 (59)	00:45 (19)	10:43 (59)	09:48 (55)	2:27:36
59.	603	Mandy Smidts	WAGENBORGEN	V	08:51 (61)	08:43 (63)	08:45 (60)	09:00 (62)	01:03 (26)	21:04 (62)	21:22 (59)	23:12 (59)	24:13 (58)	00:47 (21)	10:42 (58)	09:49 (56)	2:27:36
60.	579	Jehonne Koree	GRONINGEN	V	08:37 (58)	08:02 (49)	07:57 (44)	07:54 (41)	01:55 (60)	20:24 (60)	22:01 (61)	23:23 (60)	28:27 (61)	01:43 (53)	10:22 (57)	09:25 (49)	2:30:17
	595	Jos Reinders	ASSEN	M	10:25 (68)	10:16 (67)	10:38 (65)	10:57 (65)	03:07 (65)	26:49 (65)	28:21 (63)	28:12 (61)	27:35 (60)				DNF
	585	Arjan Kruyt	HAREN	M	07:41 (40)	07:29 (35)	07:29 (33)	07:40 (35)	01:06 (30)	17:34 (40)	17:36 (39)						DNF
	558	Frank de Deugd	NES	M	08:04 (48)	07:57 (47)	07:59 (46)	08:03 (45)	01:20 (37)	20:39 (61)	22:38 (62)						DNF
	606	Klaas Stielstra	STIENS	M	06:22 (14)	06:36 (12)	06:50 (15)	06:52 (16)	01:02 (23)	17:46 (41)							DNF
	607	Harm-Jan Stuu	GRONINGEN	M	06:21 (13)	06:35 (11)	06:42 (11)	06:40 (9)	00:49 (15)	17:46 (42)							DNF
	573	Guus Hoekstra	DONKERBROEK	M	08:27 (57)	07:10 (30)											DNF
	601	Jeannette Schram-Moll	WOLVEGA	V	08:57 (64)	09:49 (66)											DNF
	586	Robert Lanting	ASSEN	M	09:00 (65)												DNF